

Kindergarten, Prague 5 – Barrandov, Lohniského 851

A health-supporting kindergarten



Let's treat children as we would have others treat us

- We are a four-class municipal kindergarten with capacity for 104 children. We are located near Prokopské údolí (St. Procopius Valley) in Barrandov, Prague 5. Our kindergarten is unofficially named "Námořnická" (i.e. "Sailor's"), since our inspiration is the sea and all activities surrounding it.
- In 2004, we joined the network of **Health-supporting Kindergartens**. This is a worldwide program supported by the World Health Organization. **The main idea of this program is to teach children to take a responsible approach to life** (sustainable development, etc.), with an emphasis on developing independence, communication skills, academic skills, and above all, strengthening the child's personality. We have created a safe, peaceful environment for the children – hence our other name, Pohoda ("Well-being") Kindergarten. We are advocating participation once in a 3 years.
- We work according to our own School Education Program - Sail for an adventure.
- In each class there are 26 children, ages 3-7. There is also room for one **handicapped child** in each class, who is assigned a **teaching assistant**. We aren't big or small – according to age, we call ourselves cabin boys, sailors, or future captains. In June, the future captains are promoted to boat captains, and they set sail for their individual schools.
- Currently, the school has 18 employees, of which 10 are teachers, 2 are assistants, and 5 are operating staff; we work as a team. The teaching staff are recruited carefully; the necessary qualifications are sufficient education, interest in our program, respect and love for children, and attending the **Course in communication skills**. Healthy communication is given extra attention.
- As part of the program, teachers provide individual **speech therapy, child care for children whose education has been deferred, and graphomotor exercises** free of charge. For the oldest children, we have a project called Preschooler; for all children, we have the **Theatre to the Kindergarten** project. External specialized companies provide **swimming, manual dexterity, English, gymnastics, sport course, little cook and flute lessons**. These classes are not part of the educational process; therefore, except for swimming and ceramics, they are moved to the afternoon, so as not to disturb the morning routine. We accept contact information for other interesting classes.
- The acceptance of children is done in the form of administrative proceedings. The acceptance criteria are available at www.skolka-pohoda.cz.
- **This year enrollment is done at <http://zapisdoms.praha5.cz/>. On May 2 2022 from 8:00 a.m. to 5:00 p.m. and May 3 2022 from 8:30 a.m. to 2:00 p.m. you will come with printed documents and your child to the kindergarten personally.** If you have any questions, we can answer them at telephone numbers 775 305 205 and 774 305 204.

What interests you?

How much do I pay for the kindergarten, and what am I paying for? Do I have to pay?

The parents of preschool children, and parents who are receiving social benefits, do not have to pay the school fee, which is 690,- crowns per month. The price of meals is 33. The tuition is calculated for the given school year, according to the management and investment last year.

Can I choose my child's class?

We respect the parents' wishes first of all. After that, we divide the children into classes, so that the boys and girls and all age groups are equally represented in each class.

What does my child need to take to kindergarten?

Clothing and firm shoes for kindergarten in which the child feels comfortable, appropriate clothing for the garden, a spare pair of underwear in case of a minor accident, a toothbrush and toothpaste, a favorite toy to ease the separation from the parents, and most of all, a good mood.

When do you open, and until what time do I have to drop my child off?

The kindergarten is open from 7:00 a.m. to 5:15 p.m. You should bring your child before 8:30 or 9:15 a.m. If you need to visit a doctor etc., please write a note in our special book or just send an SMS message and let us know. **What is a health-supporting kindergarten?**

It means safe environment, respect for the child, spontaneity, self-reliance and responsibility, cooperation instead of competition, communication skills, teaching experience, following the rules, empathy for others, a healthy diet, and the rest you will see for yourself....

What do I have to bring to registration?

First of all, bring your child and the printed basic documents and patience. If you meet with the other parents and children while you wait with the other parents and children while waiting for the registration interview, you can use our class-rooms to play with the kids. The time of your visit does not have any influence on your child's admission.

Why do you have mixed-age classes?

This is a natural social milieu which helps the children to feel comfortable while learning, motivates them and teaches them various social skills and tolerance, empathy, and it does cause miracles....

We have a handicapped child; does he/she have a chance to be admitted?

We are happy to admit four handicapped children when we have places available.

When registering, bring a note from your doctor or advisory center so that we can quickly find the best assistant for your child.

What are communication skills for?

Communication skills completely eliminate conflicts with the teacher and minimize conflicts among children. They generally make communication easier and save energy. Children can absorb these skills subconsciously. We can also organize communication courses for parents.

According to what program do you work?

As a health-supporting kindergarten, we work in accordance with the Curriculum of Health Support which cooperates with the Framework Program for Preschool Education published by the Ministry of Education. Our own educational program, **Sail for an adventure**, and class program can be found in the coat rooms.

Can you prepare my child for the first grade?

Together with you, we will try to bring up an independent and responsible person, capable of tolerance, empathy and respect for others. A little person with sufficient regard for him/herself that he/her won't become a target of bullying.

We support the natural desire to learn. Helping to build all the other skills that belong to a preschool child is a matter of course, and they depend on the individual maturity of your child and on the cooperation with you to the extent that your child can handle.

What will my child eat?

We meet together for a morning snack, lunch and an afternoon snack. Children who leave later, get a fourth meal, which is usually fruit. Our cooks cook in a healthy way - among other things, we don't allow any smoked food, and tastes and tempo. Thanks to our professional and willing cooks, we can cater to specific diets recommended by a physician.

My child is a bit too energetic; can you cope with him/her?

We have experience, patience and skills. It is only up to you to tell us as much as possible about your child, so that we can create the right conditions for him/her; in the event of major problems, an assistant will help.

We look forward to meeting you at our kindergarten!